

Personal Expansion With Unified Field Therapy

by *Jeanne Felfe, NCTMB*

Some people view Unified Field Therapy (UFT) as "out there" compared to other therapies and to be honest... IT IS! That is IF you view "out there" as thinking outside the box and working to expand and move past limitations. UFT is helping clients expand their consciousness and they are experiencing some incredible physical shifts. But UFT doesn't just impact the physical; many people are also finding UFT an ideal vehicle for dealing with and shifting emotional and mental aspects of their lives. We aren't always aware of the impact our mental and emotional states have on our total well-being until something shifts and we look back.

Recently, Terry Hinkle, Director and Co-Host of ShadowWorlds Radio, began exploring UFT in an attempt to understand what it is and isn't. In his first encounter with Michael Linkogel, developer of UFT, they spent so much time excitedly talking about UFT that Terry never made it onto the treatment table. He returned in mid September; this time to actually experience UFT. As Terry put it, everything he has done in the past 2 years since starting ShadowWorlds has lead him to each "next step". That first encounter with Michael led to some shifts that led to the experience of UFT, which led to some powerful mental and emotional shifts.

I met Terry about a year and a half ago in connection with ShadowWorlds and was immediately taken by his dynamic and energetic persona. I found Terry to be an even-keel kind of guy, easy to talk to, and a straight shooter. Having become friends, feeling his amazing openness firsthand, and knowing his desire for growth, I was curious to talk to Terry about his experience with UFT.

Terry said, "I was really surprised by the work compared to other things I've experienced. It was very calming. I felt a pull as Michael was moving

around me." He explained he'd experienced multiple temporary loss of awareness of "self", which he didn't perceive until he became aware of himself again. He observed, "There was enough of a shift to recognize I'd moved to somewhere else and would then bring myself back [to awareness]."

I asked Terry what had changed for him since his UFT session and he summed it up by saying that he was much calmer and more balanced. He finds that he is much freer in associating with other people and as he put it, "the negative behavior of others is no longer upsetting." Situations that had previously upset him no longer maintained a charge. Even his wife and kids have commented, and I too noticed in our interactions, that there is now a calmness to his dynamic energy that allows even more of who he is to surface.

Summing it up, Terry said, "I feel UFT was another key... a piece in the puzzle of my progression and that a window had opened that helped me move to the next stage." Because of his experience, Terry has invited Michael to join him on ShadowWorlds in November to discuss his work with Unified Field Therapy.

As a UFT practitioner it's been my experience that Terry's response session isn't abnormal or unusual, but is instead one of many amazing experiences we see as therapists. Changes on all levels – physical, emotional and mental – can be facilitated via the shifts that occur during and after a UFT session. Are you ready to shift?

Jeanne Felfe is a Unified Field Therapist and sees clients in Florissant at The Inner Connection. She can be contacted at 314-831-0480. ShadowWorlds is a syndicated radio show that airs every Saturday from 9-midnight (central) on 97.1 – learn more at: <http://www.shadowworlds.tv>. And learn more about UFT at: <http://www.unifiedfieldtherapy.com>.